

# Timetable term three 2010

Monday 12 July to Sunday 19 September



## Beginners ten week courses

1 hour 15 minutes \$160/\$140 (\$20/\$17)

Monday	7:45pm	Vaughan*
Tuesday	6:15pm	Marina
Tuesday	8:00pm	Lee*
Wednesday	<b>6:30am</b>	Vaughan
Wednesday	6:15pm	Rosie
Thursday	6:15pm	Rosie
Saturday	<b>11:00am</b>	Tim
Sunday	4:00pm	Scott Casual

**Casual attendance welcome** at courses

## Level 1 ten week courses

1 hour 30 minutes \$180/\$160 (\$22/\$19)

Monday	6:15pm	Vaughan
Monday	8:00pm	Tim*
Tuesday	7:45pm	Marina*
Wednesday	<b>6:30am</b>	Vaughan
Wednesday	6:15pm	Lee
Thursday	8:00pm	Vaughan*
Friday	<b>8:15am</b>	Marina* Casual
Saturday	<b>9:30am</b>	Rosie
Saturday	4:00pm	Rosie Casual
Sunday	<b>10:00am</b>	Tim Casual

**Casual attendance welcome** at courses

## General casual 10:00am weekdays

+ 4:30pm each **Thursday** 1 hour 30 minutes

All levels welcome, no booking \$22/\$19

**Monday** Lee      **Tuesday** Vaughan

**Wed.** Vaughan      **Thursday** Rosie

**Friday** Christine      **+Thursday** 4:30pm Tim

\*Indicates **does not** continue in term break

**No booking for casual attendance or make-ups**

**Term break** 20 September to 3 October,

**Term four** starts Monday 4 October

Bookings online at [www.iyoga.com.au](http://www.iyoga.com.au)

or call the studio on **9486 8044**

Clifton Hill Yoga Studio Iyengar yoga



**Clifton Hill Yoga Studio**

129 Queens Parade Clifton Hill 3068

## Introduction to Level 2 ten week courses

1 hour 45 minutes **\$180/\$160 (\$22/\$19)**

Tuesday	6:00pm	Lee	
Thursday	<b>6:15am</b>	Tim	
Thursday	7:45pm	Rosie*	
Friday	<b>8:15am</b>	Marina*	Casual
Saturday	<b>9:00am</b>	Tim	

**Casual attendance welcome at courses**

## Level 2 & Level 3 casual 2 hours **(\$22/\$19)**

Monday	6:00pm	Level 2	Tim
Tuesday	<b>6:00am</b>	Level 2	Vaughan
Wednesday	<b>10:00am</b>	Level 2	Lee
Wednesday	6:00pm	Level 2/3	Marina
Thursday	<b>6:00am</b>	Teacher Training	
Thursday	6:00pm	Level 2	Vaughan
Friday	<b>6:00am</b>	Level 3	Marina
Saturday	<b>11:30am</b>	Level 2	Marina
Sunday	<b>10:00am</b>	Level 2	Patrick

## Free—General Class 1 hour 15 minutes

All welcome, each Wednesday 2:15pm,  
casual attendance. **Teacher** Bernadette

## Pranayama **\$160/\$140 concession**

Wednesday 8:15–9:15pm. **Teacher** Marina\*

## Relax & Renew **\$22/\$19 concession**

Wednesday 7:45pm. **Teacher** Rosie\*

## Pre-natal yoga 1 hour 30 minutes **\$24** per class

Saturday 2:00pm. **Teacher** Marina

## Private tuition from **\$80**

Available daily, times by appointment

## Class vouchers **\$180 or \$160 concession**

10 class pass, valid for six months

**Unlimited class passes** also available

\*Indicates **does not** continue in term break

We are conveniently located at  
129 Queens Parade, Clifton Hill  
with **ample free parking**.  
Next to tram Route 86—  
Waterfront City/  
Docklands—Bundoora RMIT



# 86



# www.iyoga.com.au 9486 8044